

Event Coordinator

Marlene Weitemeyer has worked in the medical field for over 30 years in various settings and she has experience in coordinating large group events. She currently serves as a medical assistant and the event coordinator at New Creation Healing Center.

Registration Form

Name

Address

Phone

Email

Food Allergies

How did you learn about us?

- Website Mailing Newsletter
 Other

Are you currently attending a Church?

- Yes No

If Yes, Name and Location

Registration fee: \$40 by October 13, 2011 and \$45 after October 13, 2011. Please make checks payable to NCHC and mail registration form and payment to the New Creation Healing Center office.

Future Conferences:

November 12, 2011

Blue Christmas - A Day of Healing

This workshop has perfect timing. It's just as the stores are in full swing with all those Christmas "triggers". They do it so we'll buy, buy, buy. The effect on many of us is to relive hurt, pain and guilt.

March 10, 2012

Walking in Your Gifts

How do we learn to use the gifts that God has given us? What are the gifts of the Holy Spirit? What do we do if we don't know what our gifts are? Learn the answers - and much more!

March 24, 2012

Anxiety: Freedom from Fear

Anxiety can waste our time and energy and keep us from doing things we want and need to do. Yet Jesus tells us to "be anxious for nothing." So why do some of us find this so hard to do? How can we help those "in the anxiety trap"? Come hear about ways God can set you and those you care about free from anxiety.

For more information contact:

New Creation Healing Center
80 Route 125
Kingston, NH 03848
(603) 642-6700
www.newcreationhc.org

Happy & Healthy:
Winning the Weight
War



October 22, 2011
9 am - 4 pm
New Creation Healing Center
80 Route 125
Kingston, NH 03848
603-642-6700
www.newcreationhc.org

The Weight War

God wants us to be happy and healthy. He gave us the wonderful gift of bodies that can dance, sing and rejoice. He gave us the gift of food to nourish our bodies and taste buds so that we could enjoy it. He gave us free will, so that we could choose what to eat and where to dance and how to spend our days.

We have been blessed with such a time of prosperity that these gifts have become a snare and a trap. Americans struggle with obesity at record rates; diabetes, hypertension and heart disease all result. This was not God's plan for us!

On the other hand, many people are worried to an unhealthy degree about how their bodies look. Advertising and materialism have conspired to convince us that only physical beauty matters and that anything less than perfect is not good enough.

How do we enjoy the blessing God has given us without falling into the trap of overeating? And how can we enjoy and celebrate the bodies God has given us, without becoming couch potatoes or having an unhealthy emphasis on appearance?

This "Winning the Weight War" conference is designed to help us regain the healthy balance. You will learn how to make healthy changes and how to help one another succeed.

Schedule

- 9:00 am – Music ~Canon Mark Pearson
9:15 am – Winning the Weight War
~Mary Pearson, DO
10:15 am – Break
10:45 am – Making Changes: One Step
at a Time ~Judy Misiaszek, APRN
11:45 am - Interactive Lunch
1:30 pm - Compulsive Over Eating:
What are the Triggers?
~Judy Howell, LMHC
2:30 pm – Break
3:00 pm – Healing Service

A light lunch will be provided.

There will be a resource table with items available for purchase. We accept cash, check, or credit cards.

Directions:

From the South: Take Interstate 495 North to Exit 51B towards Plaistow, NH. Travel approximately 7 miles into Kingston, NH. Pass Landscapers Depot on the right. Go through the next set of lights and we are just ahead on the left.

From the North: Take Route 101 to Exit 7 (towards Epping/Kingston). Proceed on Route 125 South approximately 11 miles into Kingston, NH. We are just past Rick's Pond View Restaurant on the right.

Speakers

Judy Howell, LMHC has worked in the human services field for over 11 years, six of these as an adolescent counselor in a residential setting, focusing on utilizing life skills while healing from a broken childhood. She received her Master of Education degree from Cambridge College and has led and facilitated Overcomers, a Christian 12-step program. Judy has recently joined the counseling staff at New Creation Healing Center.

Judy Misiaszek, MS, ARNP, BC has been a nurse for over 30 years and has worked in many different areas of her profession. She is a graduate of the nurse practitioner program at Northeastern University in Boston, majoring in Adult Primary Care. Judy is board certified by the American Nurses Credentialing Center. Judy has been on staff at New Creation Healing Center for 8 years.

The Rev. Canon Dr. Mark A. Pearson is internationally known in the ministry of Christian Healing, having taught and ministered in all but three states and in several foreign countries. He is the author of *Christian Healing: A Comprehensive and Practical Guide*. Canon Pearson has a doctorate from Boston University in the area of Christian healing ministry.

Mary Pearson, DO is a board certified family practice physician and Chief Operating Officer of New Creation Healing Center. She is a graduate of the University of New England, College of Osteopathic Medicine, and a member of CMDA. She heads the healing team ministry at Trinity Church and works to integrate Christian prayer and medicine.