

## Speakers

**Judy Howell, M Ed, LMHC** has worked in the human services field for over 11 years, six of which as an adolescent counselor in a residential setting, focusing on utilizing life skills while healing from a broken childhood. She received her Master of Education degree from Cambridge College and has led and facilitated Overcomers, a Christian 12-step program. Judy has recently joined the counseling staff at New Creation Healing Center.

**The Rev. Canon Dr. Mark A. Pearson** is internationally known in the ministry of Christian Healing, having taught and ministered in all but three states and in several foreign countries. He is the author of *Christian Healing: A Comprehensive and Practical Guide*. Canon Pearson has a doctorate from Boston University in the area of Christian healing ministry.

**Mary Pearson, DO** is a board certified family practice physician and Chief Operating Officer of New Creation Healing Center. She is a graduate of the University of New England, College of Osteopathic Medicine, and a member of CMDA. Dr. Pearson heads the healing team ministry at Trinity Church and works to integrate Christian prayer and medicine.

### Conference Coordinator

**Marlene Weitemeyer** has worked in the medical field for over 30 years in various settings and she has experience in coordinating large group events. She currently serves as a medical assistant and the event coordinator at New Creation Healing Center.

## Future Conferences

### March 10, 2012 Walking in Your Gifts

How do we learn to use the gifts that God has given us? What are the gifts of the Holy Spirit? What do we do if we don't know what our gifts are? Learn the answers - and much more!

### March 24, 2012 Anxiety: Freedom from Fear

Anxiety can waste our time and energy and keep us from doing things we want and need to do. Yet Jesus tells us to "be anxious for nothing." So why do some of us find this so hard to do? How can we help those "in the anxiety trap"? Come hear about ways God can set you and those you care about free from anxiety.

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Also co-sponsored by New Creation Healing Center and held at 80 Route 125, Kingston, NH:

**Tuesdays** - 7 pm - 8:30 pm Bible Study

**Thursdays** - 12:15 pm - 12:50 pm Noon Service

### Directions:

**From the South:** Take Interstate 495 North to Exit 51B towards Plaistow, NH. Travel approximately 7 miles into Kingston, NH. Pass Landscapers Depot on the right. Go through the next set of lights and we are just ahead on the left.

**From the North:** Take Route 101 to Exit 7 (towards Epping/Kingston). Proceed on Route 125 South approximately 11 miles into Kingston, NH. We are just past Rick's Pond View Restaurant on the right.

# Joy To The World! Overcoming A Blue Christmas



November 12, 2011  
9 am - 4:30 pm

Sponsored by:  
New Creation Healing Center  
80 Route 125  
Kingston, NH 03848  
(603) 642-6700  
www.newcreationhc.org  
nchcevents@yahoo.com

## Overcoming A Blue Christmas

For many of us the sights, sounds, symbols and ceremonies of the lead-up to Christmas bring back to our minds and hearts fond memories of our childhood. Seeing that mall Santa reminds us of how, when we were little, our Dads or Moms would take time out of their busy schedules to stand in the long line for hours, it seemed, so we could tell Santa our wishes.

But for others, these sights, sounds, symbols and ceremonies bring back to our minds and hearts sadness and regret. The Dads and Moms of some children were “too busy” or too cynical to stand with them. Or, a loved one died just as we were getting ready for Christmas Eve service and this sad memory has kept us from Christmas Eve church ever since. Or, we did something naughty or even outright bad just before Christmas and we still harbor guilt feelings.

We are holding this workshop just as all the stores are in full swing with all those “triggers.” They do it so we’ll buy, buy, buy. The effect on many of us is to relive hurt, pain and guilt.

*Joy To The World! Overcoming A Blue Christmas* takes all of these negatives to the Lord for healing and forgiveness. Over the years many have been set free in days like this so in subsequent pre-Christmas seasons all those sights, sounds, symbols and ceremonies no longer trigger hurt, sadness and guilt but freedom, joy and peace.

### Schedule

- 8:30 - Doors open, registration & coffee
- 9:00 - Worship, opening introductions, overview of the day
- 9:15 - “Physical Causes and Cures for a Blue Christmas” - Dr. Mary Pearson
- 10:15 - Break
- 10:45 - “Emotional Losses and How to Cope”  
-Judy Howell, M. Ed
- Noon - Light lunch provided
- 12:50 - Worship
- 1:00 - “Shame, Guilt and the Path to Freedom”  
-Canon Mark Pearson
- 2:00 - Break
- 2:30 - Workshop (Choose One)
- A) Avoiding Christmas Burnout  
~Mary Pearson, DO
- B) Wounds, Triggers and the Way to Healing ~Canon Mark Pearson
- 3:00 - Healing Service

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A light lunch will be provided.

There will be a resource table available with items for purchase. Cash, Check, Visa and Master card accepted for these purchases.

### Registration Form

\_\_\_\_\_  
Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone

\_\_\_\_\_  
Email

\_\_\_\_\_  
Food Allergies

How did you learn about us?

Website     Mailing     Newsletter

Other

Are you currently attending a Church?

Yes

No

\_\_\_\_\_  
If Yes, Name and Location

Registration fee: \$40 by November 5, 2011 and \$45 after November 5, 2011. Please make checks payable to NCHC and mail registration form and payment to the New Creation Healing Center office.